

Preparations.

VIMBOS.

OUR attention has recently been called to this preparation, which is shown by analysis to contain an unusually large amount of nutritive and stimulating materials. It is made from the finest ox beef by a special method, which retains the albumin and fibrine which are lost in the ordinary methods of preparation of beef-tea. We have tested it carefully, and find that it is most nourishing and palatable, and that it is much preferred to ordinary home-made beef-tea, by invalids. We find that it is taken by some convalescents with much relish and benefit in the form of paste spread upon thin bread and butter. The experience of others who have given it a practical trial quite corresponds with our own, and we are therefore able with confidence to recommend it to the notice of our readers. It can be obtained direct from the Scottish Fluid Beef Company, of Edinburgh, or through any chemist.

MILK CHOCOLATE.

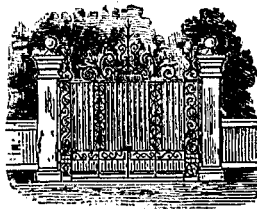
THE excellence of the cocoa and chocolate preparations of Messrs. Cadbury is attested by the best of all practical proofs—their universal popularity and immense consumption. In these columns, we have described not only the extreme care which is bestowed by the firm on the selection and manufacture of their many delicious sweetmeats and dietary articles, but also—which unfortunately is much more uncommon—the many hygienic and most humane provisions which Messrs. Cadbury have made, in their model village, for the health, happiness, and comfort of their large army of workers. We always feel, therefore, that it is a pleasure as well as a duty to notice any new production of this firm, and would now call the attention of our readers to the Milk Chocolate which Messrs. Cadbury have recently introduced. Analysis proves this to be composed of the finest cocoa, the best white loaf sugar, and pure milk which has been evaporated to the necessary condition. It is almost needless to add that it is very palatable, and on the addition of boiling water makes a most delicious beverage, which is not only taken with pleasure by invalids and convalescents, but is most nourishing for the healthy as well as for the sick.

MORE HELP FOR INDIA.

As we go to press we learn that six more nurses have been requisitioned for service amongst the plague-stricken in India. Two of these ladies, Miss Franklin and Miss Morey, have already been selected. The remaining four have still to be chosen. They leave England next Friday.

Outside the Gates.

WOMEN.



POPE LEO has announced his intention of presenting the Golden Rose of Virtue this year to Duchess Marie Therese, of Wurtemberg, wife of Duke Philip, who is destined to succeed to the throne of Wurtemberg on the death of the present ruler and his childless uncle, Nicholas.

Madame Sarah Bernhardt has remitted to the Greek Ambassador in Paris £460, the result of a *matinée* for the benefit of the Christian victims in Crete.

Mrs. Fenwick Miller will deliver a lecture on the "Progress of Women in the Victorian Era," at the Crystal Palace, on the evening of March 31st. It is hoped that Lady Henry Somerset will be well enough to preside. No doubt the room will be crowded, as these two ladies are without doubt the two finest women speakers of the day.

For some time past Mrs. Fenwick Miller has been throwing all her wonderful energy into editing the *Woman's Signal*, the only woman's paper that addresses women as responsible human beings, and not as doll babies—stuffed with saw-dust. Mrs. Miller finds that so many of the women's papers edited by men misrepresent our aims, objects, and ambitions, and are therefore used and quoted against the true interests of women. We quite agree with her, and we are glad to find that she suggests starting a free circulation fund for the *Woman's Signal*, so that this most useful publication may be widely distributed amongst members of Parliament and other influential persons, and an attempt made to divest their minds of the "doll baby" theory about women.

In view of the Government Inquiry into the sanitary condition of the Indian Army, and the more or less openly expressed desire to legislate on the principle of the Contagious Diseases Acts, a memorial has been drafted and signed by a large number of ladies expressing "undying opposition" to any such legislation. "We had hoped," continues the memorial, "never again to have to fight a battle so painful to us as women as that which was waged in England against those Acts for nearly twenty years. We trust, even now, that it may be averted. We have no alternative but to oppose with all the influence we have this proposed legislation, which we hold to be an encouragement to vice." Among those who have signed the protest are:—Mrs. Josephine Butler, Mrs. Maclagan, Mrs. Creighton, Lady Laura Ridding, the Hon. Mrs. Talbot, Mrs. Moorhouse, Mrs. Wilberforce, Mrs. Perowne, the Countess of Carlisle, and Lady Frederick Cavendish.

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